

MINI HEYBOB

This is the newsletter of the
University of Queensland Bushwalking Club

WINTER I 95



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UNION
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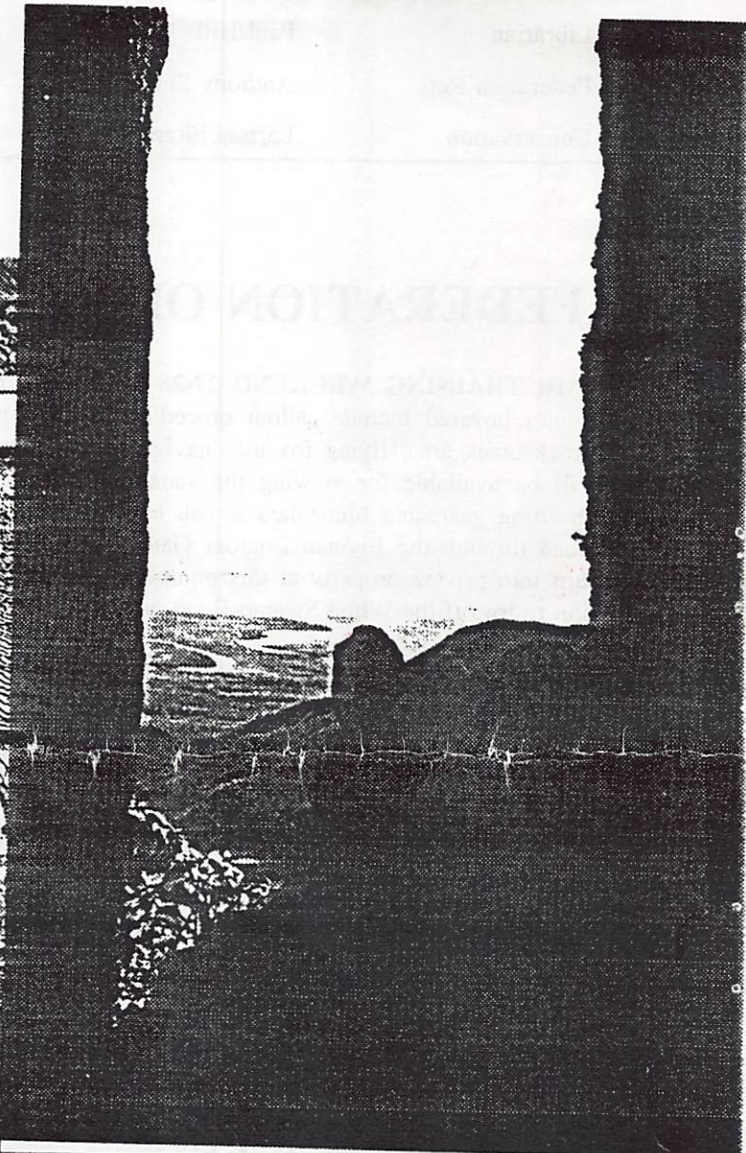
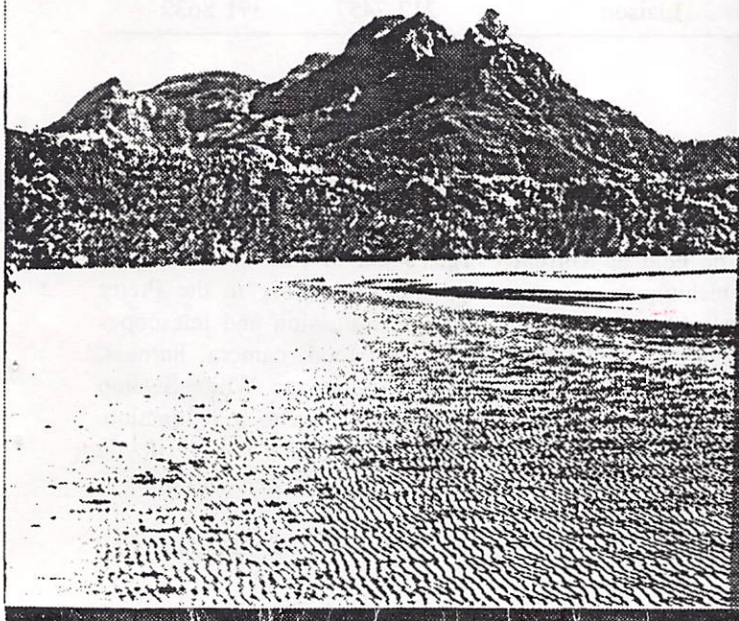


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Mt. Bowen



Taken by P. Zund

Grass trees (*Xanthorrhoea johnsonii*) Panorama Pt



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Club Notice Board - uqbwc@mincom.oz.au
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Executive Members

President	Kay-Louise Colthorpe	Contact Person	390 4324	365 1405
Secretary	Peter Zund	Mini-Heybob	848 5148	
Treasurer	Eric Young	Membership	846 5383	303 3344
Outings Officer	Ashlea Troth	Triplist	371 0196	365 6796
Safety & Training	Glen Sharrock	Training	878 9076	365 3687
Equipment Officer	Peter Allen	Camping gear	870 2820	365 4138
Climbing Gear	Glen Sharrock	Ropes, etc.	878 9076	365 3687
Librarian	Paul Hill	Archive, Maps	371 0196	
Federation Rep.	Anthony Smith	Liaison	390 4324	
Conservation	Larissa Fitzsimmons	Liaison	217 7457	371 8632

FEDERATION OF MOUNTAIN RESCUE NEWS

FMR TRAINING WEEKEND 27-28 MAY - To be held at Korrela Gorge, south of Mt. Clunie, NSW. Topics covered include callout procedures, anchor techniques, safe work practice, searching in the Pretty Track creek area, flying fox use, navigation, bushwalking in the information age discussion and telescopes will be available for viewing the stars on Saturday night. Bring base camp gear, food, camera, harness, abseiling gear, and binoculars if you have it. Starts Saturday 9am. To get there follow the White Swamp Road through the Boonah Boarder Gate into NSW, 2km beyond the gate, you will come to a T-Junction, turn into private property at this point. From here FMR signs lead you another 200m to the camp. (if you don't turn off the White Swamp Road, you will eventually end up in Old Korrela). Cost for weekend \$5.

FMR RESCUE LEADERS TRAINING DAY 8 JULY - at Mt. Beerwah. Meet Flinders Park 8.30am. Call Ron Farmer for details on 365 3948 (W).

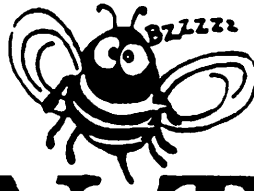
FMR FIRST AID WEEKEND COURSE 5-6 AUGUST - at Barney Lodge, cost \$65 (course only), accommodation, bunk \$10, tenting \$5, with toilets and showers. BBQ if you so desire at \$15. Includes an exam and certificate. Contact Glenn Sharrock, Tel:878 9076 (H), 365 3689 (W).

FMR & FEDERATION BULLETIN BOARD - Nth Dimension, with modem phone (07) 349 2739.

FMR NEWS WORLD WIDE WEB PAGE - on Australian World Wide Web pages - <http://www.anatomy.su.oz.au/danny/bushwalking/index.htm>

FMR & RIAQ (Rockclimbing Instructors Association of Queensland) have organised a night of talks. 30 June, 7.30pm Able Smith Lecture theatre. The early days of rockclimbing in SEQ (Rich White and Robert Straweski), Does Rockclimbing have a future (?), Display of early gear used. Contact Glenn Sharrock, 878 9076 (H), 365 3687 (W).

This newsletter is published five times per year. The next issue will be printed in the week, beginning the 10 July. Trip reports and other typed articles for the next issue, will be accepted up to the 5 July. Short messages to be included in "MAKIN TRAX" will be received up until the day before printing. The newsletter is co-ordinate by Peter Zund, and all articles should be handed to him or mailed to UQBWC, c/o. Clubs and Societies, University of Queensland, 4072.



MAKIN TRAXS

HONORARY LIFE MEMBERS - Congratulations to Bob Hoey and Reg Pollitt, who both became honorary life members at the last meeting. Reg Pollitt has been active in the club since the 1970's. Some of the things he has undertaken in that time have been, the writing of many articles for both the Mini-Heybob and the Heybob Magazine, the leading of numerous walks for the club and he has been the club librarian for a time. Bob Hoey has also been a member since the 1970's, in that time some of the things he has undertaken for the club include, the production of volume 21 of the Heybob Magazine, the introduction of rogaining to club members, leading numerous walks and raising the awareness of conservation issues related to bushwalking. The club turely appreciates the efforts of these two people. A club such as ours, is the sum of the members efforts. Making these two members life members is the least we can do in return.

SLIDE PROJECTOR - the club has bought a new german built (Refector) projector for use at meetings. It uses the popular 'rack' cartridges. The projector will reside with the President and will be available at all meetings. Louise would like to hear from anyone who can make a wooden carry case for the projector, contact Louise on 365 1405 (W) or 390 4324 (H).

HAVE YOU HAD YOUR GEAR STOLEN LATELY!! - As you may be well aware, it is always advisable to leave as little gear as possible in your car when you leave it to go on a bushwalk. There have been significant problems in NSW with thieves smashing car windows and stealing gear at popular places. (i.e. Kanangra Walls, Mt. Kaputar (V. Andrews), Kondallia Falls, Sundown (P. Zund)). Conceal any gear left behind in the boot of your car, or for the bootless, as best you can. (Thanks Larissa for the Contribution.)

BUNDEMEER BURN ROGAINE 17 JUNE - The next Qld. rogaime will be held near Stanthorpe on Saturday, 17 June. There is both a 6 and 12 hour events. The course is made up of spur-gully terrain, with eucalypt and pine forest and some cleared grazing land. Organisers assure there is no Lantana. Entries close 26 May. Copies of entry forms and further info., contact Bob Hoey, 818 3171 (H), 227 7396 (W).

PRACTICE ROGAINE - Paul Hill is conducting a mini-rogaime on 3 June for those new to rogaining. As well as the rogaime, map reading, compass work, strategy, and preparation will be covered on the day. Contact Paul on 371 0196.

AUSTRALIAN NATIONAL CHAMPIONSHIP ROGAINE - Being held 13-14 May, near the Budawang Range. Jane O'Sullivan and Eric Young will be competing in the 24 hour event. Good luck guys.

EASTLINK HIGH VOLTAGE POWERLINE - now routed through Pike Creek area west of Stanthorpe and Warwick. It won't infringe on NP.

NEW QLD. TOPO MAP SERIES - Sunmap have embarked on a program to replace all current 1:25000 topo series maps with orthophoto maps. They consist of an aerial photograph with white contour lines superimposed on it. These maps have much less detail than the old maps, for example, there is no vegetation type and density markings, no cadastral info., and no man-made features marked. Example of these new series include 'Glasshouse Mountains' 1:25000. If your concerned, then have a look at a copy of such a map and voice your disapproval to The Director General, Lands Dept., PO Box 1588, Coorparoo DC, 4151. For further info contact Peter on 848 5148 (H).

Style Guide

When writing for this newsletter, please note the following,

- when mentioning club members, please use their full name, including surname.

- if using a wordprocessor, please reduce font size to 10 points.

- because we use a poor quality photocopier, could you ensure your article is well printed. If you don't have access to a laser printer, then supply your article on disk in a Wordperfect 5.1 or ASCII format.

LEVER'S PLATEAU

Anthony and Louis had organised this fantastic Easter walk to a place called Lever's Plateau, so four of us signed up for it. The plan was to walk to the plateau on the first day, set up a camp, and then do day-walks for two days, before walking out again, and personally that sounded great! So off we went on Friday morning. We arrived at the border with only one minor handicap - the bakery was closed.

After unloading the cars, and draping ourselves into various rain-garments we set off along the border direction Lever's Plateau. The first sight of the track was an enormous hill. According to the map, it was only 9 km to the plateau, and that's not much as the crow flies. Unfortunately crows have an annoying habit of skimming over small mountains. The average bushwalker is not quite so lucky, so up we went, and then down, and up the next hill, and down

When asked about plateau, most people would think flat, usually at the top of a high place. Lever's Plateau doesn't exactly fit that description. To be totally honest - there are no flat bits. We did find a great camp-site right on the creek, about 500m up from an impressive water-fall, and set up our tents.

On the second day we firstly wandered down to the water-fall before returning for lunch. After that we climbed back up to the border fence and walked along it for a while, until we found a rather large cane-toad, happily sitting on the track. We explained the whole cane-toad sage to our two resident Europeans, who at first were horrified by the concept of killing this thing. While most of us were still deliberating the problem, Allen took action. Asserting all his masculinity, he picked up the nearest Girraween-sized boulder and hurled it. Stunned silence followed as we surveyed the now not so healthy toad, before continuing on our trek. A while after that we came across a seemingly deserted avocado-plantation, causing Anthony to remember rumours of lost UQBWC members in the 1970's driving through similar phantom plantations. Could we have solved the riddle? Just for evidence sake, we appropriated a few almost ripe avocados before heading back to camp. Upon returning to camp we discovered Darren's sleeping mat, hat and book on a ledge with no sign of the owner. Just as we were fearing the works of mysterious pygmy-tribes, Darren came strolling down the creek. That was pretty much the end of day two.

Day three started quite slowly. We retraced our steps to the avocado-plantation, only to discover it was part of half a mountain of similar plantations. The weather had cleared, and we had lunch on a ridge, wondering how the other Easter-trips were faring, most noticeably the Main Range trip, of which we could just see bits and pieces. Our last evening at Lever's Plateau started with a quick scan for spiders' eyes in the torch light, only to discover that we were surrounded. Next we discovered a mouse wandering through camp, and some glow-in-the-dark fungus. While we waited for the mouse to come back, we were entertained by Darren's reminiscence of lost childhood and various Dr.Who episodes. The evening ended on a high-note.

The next morning we all set off back to Richmonds Gap. The weather was glorious, if a bit hot on the steep mountain bits. After a quick, if distant, encounter with a farmer in the middle of nowhere, with no water but an amazingly long shotgun, we arrived back at the cars and drove back to Brisbane, via the Dugaden pub. In all, a great trip!



VANESSA KUEGGER.

SPRINGBROOK - OVER THE EDGE



The abseil over the large waterfall at the end of the road at Springbrook has always been an attractive proposition. However, due to its height, necessitating an abseil over a knot, tourists at the lookout, and more interesting things to do, it has been neglected.

Hot dry weather and the constant "Where will we go?" question saw us heading off into the clouds. So far so good, no tourists, four ropes, well it is a high waterfall!

Firstly we threw Mark off to see if he would hit the bottom. He kept coming back up, so we weighed him down and he was away. By this time the clag had cleared and a lovely view out over the cloud draped hills towards Costa Geriatrica was seen as we rappelled on two fifty metre, dynamic ropes on the true right of the falls. After an enjoyable free abseil (as they say *there's not much in life that's free*) I unroped seven metres up on a ledge.

Now comes the tricky part. Yes! you have it, pulling the rope down. After vainly pulling the rope from the ledge, I tied on another so that we could all haul from the other side of the pool. Rather than down climb, Vaughan decided to abseil on this rope in an endeavour to free the rope. Even this somewhat unorthodox method didn't budge the rope. All together! still no use. Ah! Tourist dots appear at the top of the falls. "Haul up the blue rope!" An immediate response, I like that, saved the trouble of jumaring back up to free the wretched rope. "Thank you!" was our appreciative response as the blue rope came slithering down the rock face.

On the true left is a cave, at the head of which is a window which affords a view out over the tree canopy towards the coast, well worth a visit, but watch the loose rocks.

A further stop to examine a large blue crayfish with her clutch of red eggs and we were on the track, ready to abseil down the rest of the creek.

Following a lot of gardening, I don't think many people have abseiled this creek before, I waited to hear that the top rope was capable of being hauled down. Ok, Vaughan was away, kicking a large dead tree towards me as he descended, a salutary reminder why I always prefer to go last.

A few more pitches, some interesting down climbing, and a bite to eat and we were at an end of the abseiling. I felt sure that we needed to negotiate one last very high waterfall which subsequently proved to be on the nearby creek to the south east. The remainder of the scramble down the creek took us past a beautifully sculptured log, great to photograph if your flash is working!

The creek crossed the track a short distance from the Meeting of the Waters. After the usual feelings of a trip well done, we set off back up the track.

An encounter with an aggressive carpet snake on the way, proved too much for my fingers, and I had to ask Mark to uncoil the truly beautiful specimen before I could release him. Watching him glide away over the leaf litter, I cursed my flash for the third time that day.

Once we gained height, meeting the wet sclerophyll forest we were horrified to see that fire had encroached right up to the rainforest destroying palms and other marginal species.

The light out over towards the coast was superb as we took a break before continuing on to the top. On the left at the bottom of the concrete steps with the steel hand rail which are cut into the cliff face, there is an interesting treesome in form of a single tree fern with three trunks laying side by side. Check it out the next time you are up that way.

Despite the perception that Springbrook is just a pleasant track system rather like Tambourine Mountain, it has a lot to offer the serious walker. For example, Mount Gannon and the area to the south towards the Cougals, admittedly logged and over grown with lantana in many places, nonetheless has some beautiful forest and is well deserving of the Club's attention.

REG POLLITT 11.11.91

WHAT IS BUSHWALKING ANYWAY?

It is an opportunity to:

experience deep personal satisfaction.

challenge yourself.

explore yourself.

engage in rewarding social activities.

develop both intellectually and physically.

see the world differently.

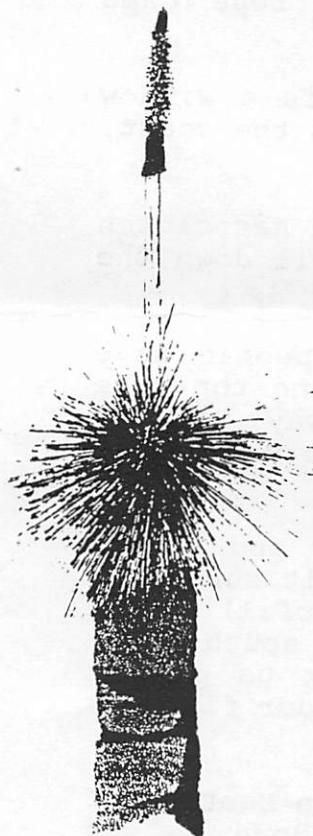
see parts of the world that you may not have realised existed.

learn new skills.

build a confidence in yourself.

live life to its full!

REG POLLITT



EPICS INCORPORATED HAS EXPANDED: NOW OPERATING IN TASMANIA



After a month sailing the Southern Ocean in search of rocks, playing endless games of table tennis, I decided it was time to do some real exercise (though table tennis can get quite exciting on a wildly pitching ship). After a bit of hard salesmanship and downright grovelling I managed to convince Tony, the ship's resident hard man, to accompany me on the infrequently attempted Geryon Traverse.

Mount Geryon is located in Pine Valley in the Cradle Mountain-Lake St Clair National Park. It was named after the three headed monster from Greek mythology though it actually has four peaks. Only two of the summits can be reached on foot, the other two require technical climbing. The approach march to the "campsite" at the base of the mountain takes approximately 3-4 hours from Narcissus hut at the end of Lake St Clair.

After grimacing under the weight of our packs from the ropes and climbing gear we decided to do a lightweight, alpine-style ascent so we left the stove and tent behind and prayed for good weather. Exhibiting good organisational skills Tony managed to fit all our gear and ourselves on his motorcycle, which he took on the boat, and after several very uncomfortable hours we arrived at Cynthia Bay.

We caught the afternoon boat to the other end of the lake and trudged in to the Geryon campsite. We didn't actually find the campsite so we spent the night bivvied on a large rock slab on the scree slope at the base of the mountain. After a horrendous night's sleep fighting off voracious mosquitos we set off shortly after 6am, ascending up the scree slope into the clouds. Half an hour later the clouds had cleared and we were at the rock at the base of the mountain. We ambled up the south peak, only having to lead the last 10 metres after we decided we had entered the realm of suicide scrambling. Had brief pause on top of the south summit to ponder life and appreciate the incredible verticality of the east face of Geryon. After a short abseil and another scrambling patch we emerged on top of south summit number 2.

After a short downclimb we found the abseil point, marked by several very old, weatherbeaten tapes. Sacrificing another tape (I was finally glad to be getting rid of all the shitty tapes I no longer wanted) we did a full 50m abseil off the two ropes. This brought us down to the base of the southern face of the Foresight, a narrow rock spire situated between the north and south peaks. This was to be the start of our technical climbing. This was also where the fun started.

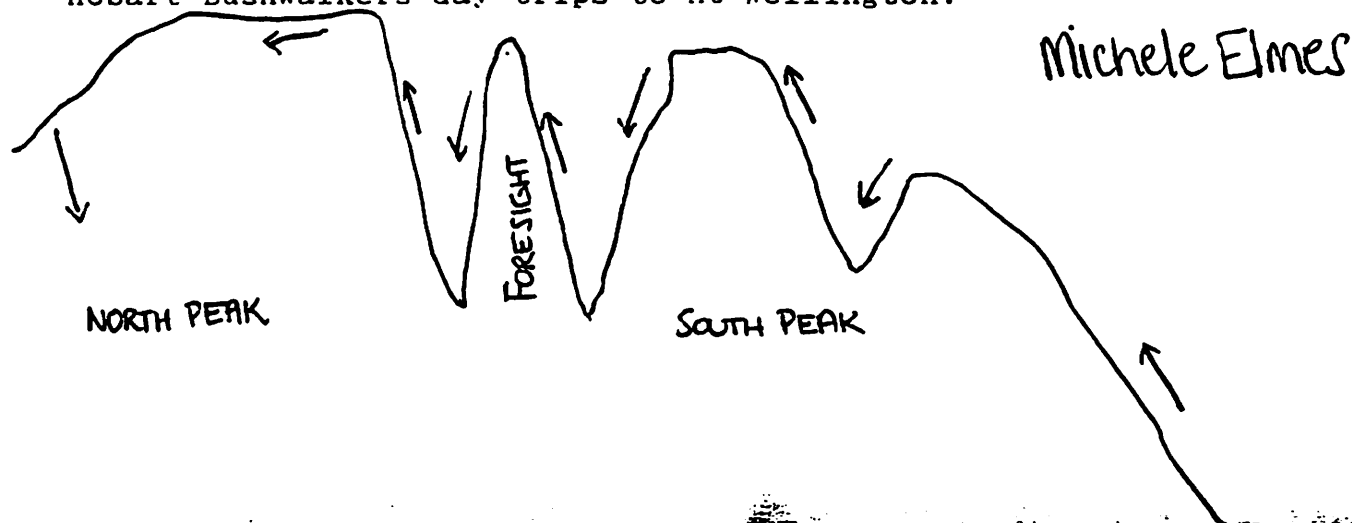
We tried to pull the rope down but the knot jammed in a crack so Tony had to prussik up to the top to unjam it. The plan was to abseil a short section to the lower abseil ledge then abseil again to where I was seated. Easier in theory. After having to prussik the top section 4 times he finally managed to pull it down, set up another abseil and descend to where I was basking in the sun. We then tried to pull the rope down and surprise surprise it jammed in another crack. This time it was my turn to do the prussik. Half an hour later I descended again, sure that this time the rope would come down after me. Wrong. Tony's turn to prussik again. During his reorganisation he dislodged a very large block that fell, severing my rope on the way down. This was a very good lesson for climbing with two ropes. Finally after 3 hours of stuffing around and practicing our prussiking we managed to get the

ropes down.

Sitting at the base of the Foresight with our tangle of ropes we pondered if anyone had climbed the southern face as the usual and easier route was up the north face. Tony was being pedantic, stating that if we didn't climb the south face we weren't doing the traverse. Muttering under my breath I grunted up the crux pitch, a lovely mixed crack route of finger jams, laybacks and body jams we estimated to be a grade 17-18. Soon we were both sitting uncomfortably on the very small summit, assessing the impending north face climb and the lateness of the day. Another sling sacrifice and we were in a narrow col at the base of the start of where we decided to climb up. This time the rope followed us without much argument so we wasted little time in setting off again.

The first pitch led up a slightly angled, blocky ledge to the base of a small crack. After this it was up the crack to a wide vegetated plateau below the summit blocks. Soloed up the last 50m to emerge on top of the north peak to watch the last of the sun disappear below the horizon. Pulled out our head torches and tried desperately to find the cairned track that led down. As the temperature fell the fog rolled in and soon we had 5m visibility. After a brief discussion, Tony decided there was nothing to do but bivvy on the mountain an idea that didn't appeal to me as we had no food, no water and limited warm clothes. We found a small crack between two large boulders that once wedged inside provided some protection from the bitter wind. Here we spent the rest of the night huddled together to try to keep warm. As the night passed the temperature kept falling so we decided to light a small fire. Soon we were huddled beside the fire, greedy for the small amount of heat it produced, feet in the pack and legs wrapped up in the ropes. Dozed on and off until the first rays of light appeared shortly after 6am. By the time we had untangled the ropes and repacked our gear the sun was breaking above the clouds in the valley below and we set off to find the track down.

This was something we never managed to achieve. After a while trying to follow the cairned track we decided bugger this and found a gully that dropped off the side of the mountain. Boy was that a mistake. Spent the next three hours bush bashing through horrendous birch regrowth. We finally emerged scratched and battered at the top of the scree slope and staggered back to where we had left our packs. Sat and drank and ate until our bodies felt quite bloated then packed up and walked out. Another 3 hours found us collapsed outside Narcissus waiting for the boat. In future I think I will stick to the Hobart Bushwalkers day trips to Mt Wellington.





ROGAINING



Rogaining is the sport of long distance, cross-country navigation in which teams of two to five people try to locate as many check points as possible in a given time period. The duration of a rogaine may be six, eight, twelve or twenty four hours with the latter being the standard event.

It is a team activity for people of all ages and levels of fitness. Rogaining provides competitors with navigational challenges, a way of enjoying the outdoors and a sense of achievement. You do not have to train to be a super athlete. The main thing is to join in the challenge and travel at your own pace.

Once you start an event, the parts of the course you see are entirely up to you and your team members. Some teams may cover more than 60km in a 12 hour event or 100km in an event of 24 hours duration. However, others may only walk 10km and achieve just as much enjoyment. The satisfaction comes in finding your way around a course that you have chosen and navigating back to the finish.

The maps used for rogaining are generally conventional topographic maps, usually at a scale of 1:25000 or 1:50000. Control sites tend to be on major features such as a knoll or creek junction and are marked by standard orienteering flags. Proof of successfully locating a control is shown by marking a score card with the imprint of a special punch attached to the control flag.

Points are allocated to each control site depending on its distance from the start/finish area and the navigational difficulty involved in locating it. Consequently it is not necessarily the number of control sites visited but the total points value scored that determines the most successful team. Control sites may be visited in any order and it is therefore entirely up to the team to determine how many they think they will be able to locate in the time available. However, points are deducted from the team if they return after the allotted time for the event.

Each team member is issued with a map (often already pre-marked with control sites on it) and a list of control descriptions. The team carries a single score card to record proof of their visit to each control. Maps and control descriptions are generally issued two hours before the start of an event so that teams have time to mark their maps and plan their courses. There is a mass start for all teams.

Course planning involves an appreciation of the terrain and the physical capabilities of team members, combined with good route selection to ensure as many points can be scored in the time available.

The start/finish area is usually about the centre of the map (although this is not always possible) and generally features a hash-house where food is available for participants during and after the event. The cost of the food is included in the entry fee.

Equipment required for a rogaine is light, simple and inexpensive, namely - an orienteering compass; a plastic bag or clear contact for your map; a torch; a water bottle; comfortable footwear and clothing; food and a whistle. Many rogainers carry their gear in a small back pack. For 24 hour events, warm clothes and gear may be necessary.



Gear for South East Queensland Bushwalks (with apologies to the 1990 author and Bob Hoey for plagiarism)

Remember all those times you've arrived at the starting point of a bushwalk on Friday night; howling wind, freezing cold, urinating down rain, pitch black etc, only to discover you've forgotten : (a) tent (b) sleeping bag (c) torch (d) raincoat (e) wool shirt (f) teddy bear or (g) all of the above? (Actually I am trying to forget those occasions).

Remember the trill of taking out one's camera for that never to be forgotten view of that glorious, cloud filled sunrise to find (oh joy, oh joy) you've forgotten the film.

Remember when you've come to take your pill in morning and guess what - it's at home in the drawer - **WHAT FUN!!**

Isn't it nice having steak and eggs cooked in a enamel cup - at least the frypan and billy will be nice and clean when you you you get home (in contrast to their usual state). **BUT** (drum roll please) these and other euphoric, deliriously (should I say orgasmic) moments can from now on become vague but warmly pleasant memories because the new ultimate bushwalking list is here!

But first a warning from our sponsors; no list can be all things to all people (unlike Paul Keating); there will always be additions or subtractions you can make. This list is intended to cover most needs for relatively short trips in S.E. Qld. or Northern N.S.W. but not to Tasmania or other places with horrible weather. Not all items will be necessary for any one trip. Some items thrown in to indicate items which probably aren't essential and a matter of choice.

Equipment

Good quality equipment is expensive, but it is usually possible to survive without much by begging, stealing or borrowing some or hiring it from the club until you are sure you are committed to bushwalking and need some of your own.

The club has a range of equipment for hire at cheap rates (and all for a good cause - Peter Allen's slush fund) including packs, tents, stoves, and sleeping bags. To enquire about these, ring the equipment officer.

Some advice on equipment for overnight walks:

- 1) **Tents** are not essential in Queensland. A fly and a ground sheet will frequently suffice, but in any case there is generally heaps of tent space. Can be hired from club.
- 2) **Sleeping Bags:** a down sleeping bag is expensive but a great investment if you are serious about walking. Can be hired from the club. A cheaper range of down sleeping bags would be suitable for most Queensland conditions - the more expensive ones would be too hot (unless you are an Englishman from Kent).
- 3) **Packs:** There are a wide range of packs varying in price, size and degree of sophistication. Internal frame packs in vogue at the moment are very comfortable. The club has several packs for hire.
- 4) **Footwear:** The most important thing is that your shoes are well worn in and won't give you blisters. A bushwalkers most vulnerable part is her/his feet. Boots are not essential for most Queensland walking, and sandals will suffice. However some of the best value boots around are Chinese work boots available from such salubrious establishments as K-Mart for about \$25 + inflation. Make sure they have solid rubber (not synthetic) soles. Allow for at least 1 thick eg. woollen and 1 thin pair of socks inside the boots.
- 5) **Clothes:** For Queensland weather, shorts are usually most comfortable, particularly in wet weather as legs dry out easier than jeans. Warm clothing (jumper and trousers) are generally necessary to change into at night, as it can get very cool in the mountains even in summer.



- 6) **Waterproof Gear:** Some form of raincoat is necessary for all trips (unless you enjoy getting wet). A plastic raincoat is suitable until you decide to go in for quality and buy Gore-tex or Reflex.
- 7) **Water carrier:** Often essential in S.E. Qld., and always useful. Ask the trip leader what the water availability will be like. Don't rush out and buy an expensive aerodynamic non-rust titanium alloy water bottle, a plastic cordial bottle or wine bladder will do (and it is more fun emptying the wine bladder).

And of course the most important thing on a walk is ... Food.

Food is an area of great interest to a large number of people, including bushwalkers. Generally on short walks it does not have to be worried about greatly, except for the custard and chocolate. No bushwalk is complete without custard and chocolate (*for further details of food preparation see Custard Through-Walk, Heybob magazine*). There are four general aims (and one specific aim) in preparing food.

- 1) **Keep it light ie. no tins where possible.**
- 2) **Make sure it will keep.**
- 3) **Food should be high in energy and easy to prepare.**
- 4) **Bring lots of extra goodies for those people with only a fork!**
- 5) **BRING CUSTARD.**

There is available a wide range of dried foods - chicken supreme, beef chow mein, surprise peas. Alliance dried meals are considerably more palatable, but correspondingly more expensive. Dried meals are useful for very long walks or when you are excessively tired.

However, with a little inventiveness, and a few decadent friends, bushwalks can be turned into gourmet events. Fresh vegetables (e.g. carrots, zucchinis, tomatoes) can be carried for several days. A weekend trip will usually involve two breakfasts, two lunches and one dinner. Trips longer than three or four days require careful planning regarding amounts and weight of food (must make sure you have enough custard for the whole trip). This article should not be considered a guide for an extended trip.

Sleeping gear

Sleeping Bag
Inner Sheet
Groundsheet
Sleeping Mat

Foot Wear

Boots/sandshoes
Gaiters
Ankles bandages/ elastoplast
Thongs

Clothing

Spare clothes (leave in car)
Wool shirt/Jumper
Balaclava/beanie
Shirts/Shorts
Spare underclothes
Hat
Raincoat/jacket
Garbage bags (to store)

Other Gear (optional)

Map/Map case
Compass
Pack hauling rope
Torch and batteries

First Aid Kit

Daypack
Repair kit
Waterbottle/wine cask
Books/cards
Change for phone

Cooking Gear

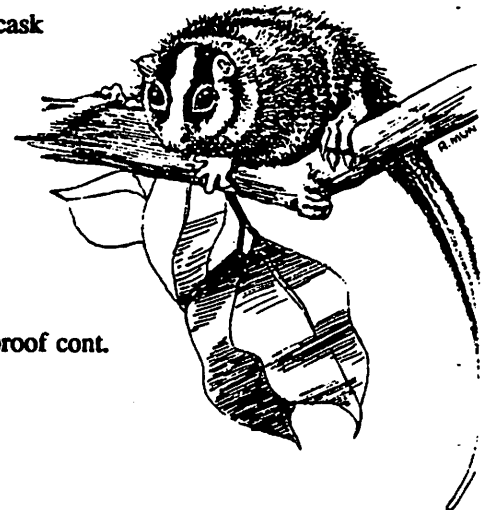
Frypan or wok
Billy and lid
Plate/Bowl/Cup
FOOD
Knife/Spoon
Matches in waterproof cont.
Lighter
Stove (full)
Fuel Bottle
Candles

Tent Gear

Tent/Fly/Poles/Pegs
Groundsheet

Toilet Gear

Toilet Paper
Sunburn cream
Insect repellent



TRIP LIST: MAY - JUNE 1995

If you need to know more information, recruit people for your trip, want to suggest trips for the next trip list, or enter your trip in the outings diary, phone Ashlea (Outings Officer) 371 01296 or 365 6796 or email: ashlea@psych.psy.uq.oz.au.

May 13-14



Fountain Falls A weekend trip in planned to one of the prettiest camp spots in Lamington National Park. Fountain Falls is one of a series of spectacular falls along East Canungra Creek. It requires a lot of 'offtrack' walking and 'bushbashing' to get to a worthwhile spot. Moderate-Hard. Contact Peter Allen 870 2820 or 3654138.

Border Track (Binna Burra to O'Reilly's) A classic track walk through Lamington National Park. It involves at least 23 kms of graded tracks. An overnight trip is planned, camping enroute. Easy. Contact Louise 390 4324 or 365 1405.

May 17

Slide Night If you would like to view or show some slides of recent UQBWC bushwalks and travels come along to the Clubs and Socs room at 7.00pm. Projector is provided. Contact Peter Zund 848 5148.

May 20-21

Mt Barney (Short Leaning ascent) A weekend walk ascending one of the most spectacular ridges of Barney. This is a very 'exposed' ridge. A good head for heights and rock scrambling skills are necessary. Descent is via Midget Ridge. One of the hardest routes on Barney. Contact Eric Young 846 5383 or 303 3344

May 21

Lamington National Park A scenic track walk - "that won't kill you". Easy. Contact Phillip Norman 371 6677 or 300 2005.

May 27-28

Mt Barney (Long Leaning ascent) The Barney season is obviously upon us!! This will be a 'gruelling' weekend trip. The descent route is not yet known. Rock scrambling skills needed. Hard. Contact Peter Allen 870 2820 or 365 4138.

May 27-28

FMR Training weekend The Federation Mountain Rescue is holding a Training Weekend which will involve FMR callout, S&R, radios, ropes. Contact Glenn Sharrock 365 3687 or 878 9076.



June 3-4

Introduction to Rogaining In preparation for the upcoming Rogaine, a beginner's (and non beginner's) weekend is being organised to teach basic map and navigation skills. The weekend will culminate in a 'mini rogaine' of about 4-6 hours duration. Contact Paul Hill 371 0196.

June 3-4

Moreton Island Southern Sandhill's Circuit. Overnight trip camping at Big Sandhills. Photographer's delight. 20 kms of beach and dune walking visiting Little and Big Sandhills via Eastern and Western Beaches. Easy. Contact Peter Zund 848 5148.



June 7

Club Meeting 7.00pm Clubs and Societies Room. Bring slides and bushwalking stories. Tea and bikkies provided. Contact Louise 390 4324.

June 9-12

Main Range A four day traverse of the Main Range. Spectacular scenery and a must for 'peak baggers'. Hard. Contact Brett Watson 365 3982 or 300 1270.

June 10-12

Christmas Creek - Stinson Wreck - Pt Lookout - Throakban - Rataat - Albert River. Moderate 3 day walk. Contact Louise 390 4324 or 365 1405.

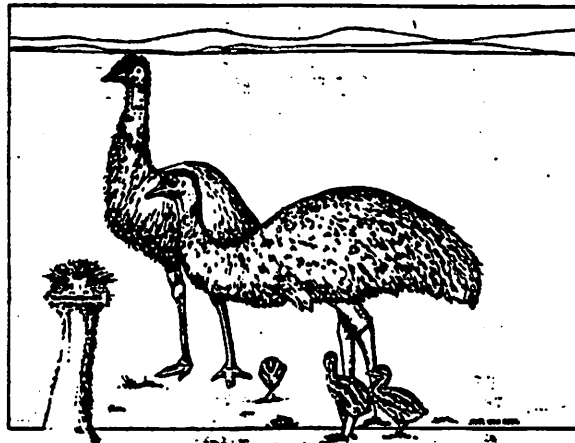
June 17-18

Rogaine - Stanthorpe. The Rogaining events will be held in Stanthorpe this weekend. To enter a team or find out more information contact Peter Zund 848 5148.

June 18

An abseiling day at Pt. Glorious. Coolooabin near Yandina. For beginners. Contact Joy Woods 808 8733 (w) or (074) 415899 (weekends).

- June 24-25** **Girraween weekend** A beautiful granite country belt area south west of Brisbane. This is an area worth visiting for a contrast to rainforest! Moderate. Contact Simon Hoyle 217 7457 or 371 5814.
- June 24-25** **Lincoln Wreck** Ascending onto Mt Superbus from Emu Creek in search of the Lincoln aircraft wreck. This in the southern end of the Main Range National Park. Good Views. Moderate. Contact Anthony 390 4324.
- July 1-2** **Mystery Walk** To find out more details ring Larissa Fitzsimmons 371 5814 or 217 7457. Grade - mystery. Destination - mystery.
- July 2** **Lamington** Circuit walk on tracks from O'Reilly's to Moran Falls via Moran Falls Track, then onto Castle Crag, Balancing Rock, Moonlight Crag, Lyre Bird Lookout and back via a rough track to the Border track and out to O'Reilly's. 13 km track. Rough in some places. Easy. Contact Peter Zund 848 5148
- July 5** **Meeting** Monthly Club meeting in the Clubs and Socs area. 7.00pm. Tea and bikkies provided. Bring your slides. A new trip list will be compiled. Contact Louise Colthorpe 3904324 or 365 1405
- July 7-8** **Mt Ballow Range Circuit** Ascending Montserrat Lookout, then to Double and Junction Peaks and descending via Big Lonely to Upper Portals. This is a hard weekend walk. Limit 6 people. Contact Ashlea Troth 371 0196 or 365 6796



Tasmanian Wanderings

On the weekend just past I decided to go for an easy trip to Mt Field, which is about an hours drive from Hobart. Michele's mother was coming, along with Annino and Michele (some of you will know these names) so I was planning a fairly non-strenuous walk. On Saturday we walked to Mt Field West crossing on the way an alpine plateau covered in tarns and cushion plants. The weather was fine and sunny with enough breeze to stop things getting too hot. That night we camped beside Twilight Tarn.

During the night the wind picked up and with the wind came heavy rain. This in turn became snow, and it was still coming down in the morning. The four of us sat in the Olympus having a long and leisurely breakfast and occasionally peering outside to check the weather. By about 11am it had eased so we hastily packed and started walking. By now the area had been transformed.

We walked back across Tarn Shelf through a fairytale landscape. Everything was covered by a few inches of snow. There were frosted King Billy Pines, snow encrusted scoparia and ice-rimmed pools. We walked slowly to try and take it all in, but all too quickly we were back at the car. We drove back down to the park entrance where people were having picnics. They would never have guessed what it was like.

Vaughan Andrews
14.3.95

UQBWC members - Wed May 10 2:43:34 EST 1995 - (173 members) Contact Eric Young with corections/changes.

Name	Phone	Work Phone	Name	Phone	Work Phone	Name	Phone	Work Phone
ABSOLON John			KISSEL Susan	870 4473		YOUNG Eric	846 5383	303 3344
AITKEN Karen	371 3993		KRAMER Michelle	371 3469		YOUNG Jack		
ANDREWS Vaughan	002 23 1203	002 21 5362	KRUEGER Vanessa	371 6427		ZUND Peter	848 5148	
ASHBOLT Vanessa	366 6923		LEVIN Ilse	871 9233				
AVERYT Elinor	371 7176		LIEN Thanh	871 8584				
BAHNISCH Michael	201 1207		LOOMIS Katie	217 8530				
BACKERMANS Marja	870 4473		LUI Wai Kum	0011 852 27149275				
BARNETT Chris	378 1963	365 4561	LVISI Kerry	3717176				
BARRETT Janine	217 8482	365 2881	MAN Yun Tai		365 5888			
BASMAN Regina	217 8609		MANNERS Eric	371 5463				
BATTY Sarah	878 1924	221 4392	MARX Anthony	878 9814				
BEAL Hilary	377 1352		MASON Huw	300 6441	857 7088			
BEAVIS Celeste	366 4103	365 2924	MELLIFONT Cathy	857 3649				
BELL Pippa	871 8512		MELTZER Anna	870 2090	871 0799			
BOORMAN Rob	208 4998		MILLER Duncan	349 0326				
BOWEN Christopher	857 4028	391 4433	MOLITOR Nicolo					
BRANDER Rafael	378 5768	365 1136	MONKS Andrea	262 2220				
BRAXTON-SMITH Tony	878 9609	271 2433	MORICEAU Alain	371 0282	268 8546			
BROWN John	870 1375		MULLINS Caroline	376 4715				
BROWN Lachlan	369 4338	875 7942	MULLINS Louise	376 4715				
BRYANT Andrew	300 2872		MUNCH Elisabeth	870 4353	365 4729			
BRYANT Rachel	352 6869		MURPHY Geoff	207 5156	808 8733			
BULL Anthony	217 7039		McDERMOTT Lisa					
BULL Inger	217 7039		McFADDEN Andrea	846 5420	287 4845			
CANFIELD Colin	06 247 6665		McGRATH Daniel	892 5501				
CHANG Lambert	869 0246		McNEILL Kevin	359 0458	365 2242			
CHRISTIANSEN Ingrid	374 1969	877 9630	McTAVISH Jane	378 7978				
CHRISTIE Wendy			NORMAN Phillip	300 2005	371 6677			
COLLIER Janet	371 6880	365 2450	O'CONNOR Kirilee	870 9034				
COLLIS Glen	371 0969	365 2491	O'NEILL Cath	344 3691				
COLTHORPE Kay Louise	390 4324	365 1405	O'SULLIVAN Brian	371 1765				
CONNING Dolina	284 6397		O'SULLIVAN Jane	878 9076	365 4811			
COWLEY Robyn	892 3164	365 1457	OLOMAN Aidan	870 9593				
CRANE Rachel	279 0188		OSMOND Darren	371 1472				
DALY Marian			PAPPAS Michele	371 7176				
DANCER Robert			PASSFIELD Sarah	366 4214				
DAVIDSON Jane	379 2249		PASSMORE Margaret	871 8554				
DAVIS Loretta	378 9710	365 3394	POLLITT Reg	371 7087	844 3411			
DEVAR Peter	888 2648		PONOSUK Sarah	371 3464				
DOBBYN Esther	349 9283		PORTER Janice	003 345 232				
DONDENO Anna			QUIRK Rachael					
EAGLES Debbie	289 1429		RANDELL David	217 8609				
EARL Patrick	394 2681		REEVES Ben	353 3708				
ELIAS Helena	367 1580		REVILLE Kylie	371 2946	224 2126			
ELMES Michele	002 235 289		RICHARDSON Scott					
EUSTACE Colin	390 1657		ROBERTS Andrew	878 9728	878 2255			
FAIRFIELD Meredith	371 1721		ROEBUCK Rebecca	870 7251				
FARMER Ron	365 3948		ROSENAENGEL Andrew	359 6097				
FIELD Roseanna	870 0995	836 4006	RUBIE Elisabeth	366 7526				
FITZSIMMONS Larissa	217 7457	371 8632	SCOTT Michelle	369 1641				
FLYNN Sarah	397 0652		SEAWRIGHT Geoff	870 1400				
GASTEEN Gayle	366 0736	259 7175	SELINGER Brad	379 8638				
GOUGH Helen	279 1839		SHRIMPTON David	371 3460	365 1539			
GOUGH Jenny	279 1839		SIBILIN Carla	372 9749				
GRIMWADE Michael	371 7889		SIMMONDS Ryan	371 3796				
HAM Letitia	366 3454		SHEK Andrew	377 1510				
HARDEN Graham	378 7755	877 9430	SMITH Amy	217 8560				
HARRISON Katie	871 9297		SMITH Anthony	390 4324				
HARNSA Katie	871 9297		SMITH Marce	287 6852				
HARRIS Michelle	358 4267		STEPHENS Anne	217 9715	210 0330			
HART Andrew	871 9843		STERZL Kurt	351 1585	365 3985			
HAULETTE Ryan	377 1573		STONE Broc	379 8279				
HENDERSON Brett	371 9470	405 5017	STUECK Florence					
HENZELL Jocelyn	378 1395		STUMP David	371 4452	365 3517			
HBWILL Anna	371 5814	365 4805	TAYLOR Glen	351 5372				
HBWOOD Jillian	217 8592		TIMMERS Peter	367 2119				
HICUOX Jane	871 8698		TJIA Liam	847 2788				
HILL Paul	371 0196		TRIMBLE Ryan					
HJORRING Curt	371 8632		TROTH Ashlea	371 0196	365 6796			
HODGSON Katherine	2177881		TRUVILLE Nathan	273 4415				
HOEPNER Jenny	371 9673		TWAMLEY Jason					
HOBY Bob	818 3171	227 7796	VAN DER MERVE Jackie	878 5494				
HOFFMANN Florian	870 4096		VERKAAIK Tom	398 5364				
HOYLE Simon	217 7457	365 2450	WADDELL Kyosma	871 1039				
IRELAND Derek	395 3095	844 2244	WAITS Rachael	353 2492				
IRELAND Joanna	395 3095	844 2244	WALKER Jody	378 1226				
JEACOCKE David	378 7812		WATANABE Shigou	871 1592				
JENKIN Graham	398 7549	365 4157	WATSON Brett	300 1270	365 3982			
JENKINS Scott	871 9181		WATTIE Craig					
JOHNSTON Amanda	349 3410		WEST Meg	262 3376				
JOHNSON Rebecca			WILSON Rosanne	263 9491				
KEENAN Anne	366 3653		WOODS Joy	074 41 5899	808 8733			
KERWICK Carmel	398 5364	343 3877	WYNER Dana					
KETTERINGHAM Tony	870 3373	862 0214	YANADA Cathy	871 9261				
KIRKWOOD Andrew	376 1074		YOUNG Duncan	892 4093				