

MINI HEYBOB



This is the newsletter of the
University of Queensland Bushwalking Club

AUTUMN 96

IF UNDELIVERABLE PLEASE RETURN TO:
UQBWC
C/- CLUBS AND SOCIETIES
UNIVERSITY OF QUEENSLAND STUDENT UNION
ST..LUCIA, QLD., 4072.



Square Lake, Western Arthur Range, Tasmania
(Photo by: Brett Watson)

Contact List

Position	Who	Work Phone	Home Phone
President	Brett Watson	3653985	3001270
Secretary	Vanessa Krugrer		3716427
Treasurer	Rosie Field	33465666	32781735
Membership	Eric Young	3033344	8465383
Trips	Ashlea Troth	3656796	3710196
Safety and Training	Glenn Sharrock	3653687	3371186
Equipment	Peter Allen	364138	8702820
Newsletter Editor	Loretta Davis	33649999	33711886
Librarian	Paul Hill		3710196
Federation Rep	Anthony Smith		32864288
Conservation	Larissa Fitzsimmons	3718632	2177457
Heybob Editor	Louise Colthorpe		32864288

From the President

There are a lot of things happening in UQBWC at the moment, and it would be great to see all the new and old members to get involved. Firstly, of course, there are plenty of trips. But don't forget that even more will take place than are on the list. You can find out about those, or let others know about trips you would like to add, by contacting our Outings Officer, Ashlea.

Secondly, there is the rogaine that the club is organising. For those that don't know, rogaines are sporting events, similar to orienteering, that test your bush navigation skills. You can develop some skills and try out rogaining by attending either the Queensland Rogaining Association training day, or the navigation training day to be organised by our Safety and Training Officer, Glenn. The rogain is certain to be a great event, with all the effort that Peter Zund and the rest of the team is putting into the organisation.

Finally, the club will soon be putting together our once a year magazine. If you'd like to contribute an article, a poem, a drawing, or anything at all, get in touch with the editor, Louise. Of course, articles are always welcome for this newsletter as well - contact Loretta.

One last thing. If you haven't yet paid your membership this year, you had better hurry up or you won't get the next newsletter. Pay at the next meeting, or send a cheque for \$7 to The Treasurer, University of Queensland Bushwalking Club, Clubs and Societies, University of Queensland, 4072. Include your name, address, phone number(s), and student number (if you are a student at UQ).

Classifieds

Climbing Shoes for Sale

Boreal Ace, size 4 (ie 36), near new. Asking price \$150. Contact Liz Graham ah on 3371 6402.

Bike For Sale

10 speed Orion Celeste racer (black with pink trim). Shimano gearing. Good condition. Little use. Reason for sale: it's been gathering dust in the garage since I bought a mountain bike! Price: \$80 ono. For more info (or a test ride) - phone Loretta at work on 3364 9999 or at home on 3371 1886.

Gold Coast Metrogaine

On the 25th February, several UQBWCers participated in the SurfN'City Metrogaine held at the Gold Coast. The course was quite challenging - covering the area from Labradore to Jupiter's Casino. This made for some long kms over the flat terrain.

It all there were 60 controls worth 1 point each. There was some confusion at the end as a certain team didn't realize this and though they had scored 400 points by visiting 8 50 point controls!!

I participated with my little cousin - who greatly enjoyed her first metrogaine. We had thought we'd come 2nd overall, until we were penalized 3 points for not submitting our score card immediately at the end of the event....oops!!

The final scores for UQBWC members were:

Loretta Davis and Nikki Faddy 27 (although later penalized 3 points). Winning the Women's Open Division, and coming 5th overall.

Kellie Southee and Bob Hoey with 23 points.

Kitta Carra and Rachel with 8 points (or should that be 400...)!

All in all it was a great day.

Loretta Davis...

Minimum Impact Bushwalking

The aim of minimum impact bushwalking includes control of environmental degradation and maintenance of the pristine quality of remote regions. Bushwalkers must try to leave the areas they visit unmarked and unaltered, as close as possible to their natural condition. It is possible to visit a bushwalking area and leave no sign of your visit. This includes leaving with all your rubbish, and not damage plants and trees along tracks. Always stick to marked tracks to avoid degrading the track.

Sharing Trip Costs

Don't forget that if you get a lift with someone on a trip - you should offer to pay for part of the petrol cost. It's usually only a couple of dollars per person. Without the generosity of people offering lifts - many would not be able to go on trips. There's no incentive to take others if you have to pay for all the petrol yourself. Carrying an extra 3 or 4 people in your car also increases the amount of fuel used. No one likes asking for money - so make sure you always offer if you accept a lift with anyone.

How to Get on a Walk!!

Walks are advertised in a few places:

1. trip list in the Heybob
2. email to the uqbwc mailing list
3. advising the Outings Officer to put it in the outings diary
4. word of mouth

If you are keen to go on a walk - try and contact the organizer as soon as you can. It's a bit difficult if there is a walk on Saturday and you call on Friday afternoon looking for transport for 3 people.

If you do need transport - just let the organizer know how many people would like to come, and the areas where they live. Likewise if you'll have spare spaces in your car, let the organizer know. Hopefully we can get some people in touch with you to help subsidize your petrol costs.

Happy walking,
Loretta...

Bad Tasting Water Bottles

If you want to remove the "plastic" taste from new water bottles, or the "old" taste from well-used ones, simply fill them with Coke and let them stand overnight. Rinse well with hot water. Voila!! (think about it - Coke will eventually eat rust out of a bolt...it does wonders for plastic bottles)!!

Some interesting Web sites

Brief History of Rogaining

<http://scorpion.cowan.edu.au/ara/docs/history.html>

The Adelaide store of the Snowgum retail outlets, The Scout Outdoor Center, has a World Wide Web site. Its address is <http://www.eastend.com.au/~snowgum>

The site also has links to the Adelaide Peregrine Travel, Venture Corporate Recharge and the Annapurna Outdoor Shop. Take a look and see what you think!

Ken Fraser has just started the Queensland Bushwalking Home Page. It is at the web site www.bit.net.au/~kfraser.

Safety Gear Loans Policy

The club executive has decided the following policies for loan of the club safety gear (harnesses, ropes, etc.). Any queries should be directed to the Safety Gear Officer.

1) Gear is only to be borrowed by club members, who, to the knowledge of the Safety Officer or Climbing Gear Officer, or other appropriately knowledgeable club members, have sufficient skills to use the gear.

There will be a list made of all people eligible to borrow club safety gear. If you would like to be on this list, please contact the Safety and Training Officer for further information.

2) The borrowers must take all responsibility for their own actions, and for the safety of the gear. This includes responsibility for others using the gear under their supervision. The gear must be checked both before AND after its use, and must be returned in the same condition as it was borrowed (i.e. no wet ropes).

3) The gear is intended for club trips and club training exercises. It is therefore suggested that to use the gear the trip must be recorded in the club diary. It does not have to be advertised.

4) Since the gear is to be used for club purposes, people participating should generally be club members. Some exceptions to this may be tolerable, but, as with all club activities, if people participate in a club activity more than a couple of times, they should join. remember - our membership cost is pretty minimal.

5) If ropes are damaged on any trip, the Safety Gear Officer should be advised. It is appropriate for the people involved to make a larger contribution towards the replacement than the normal rate.

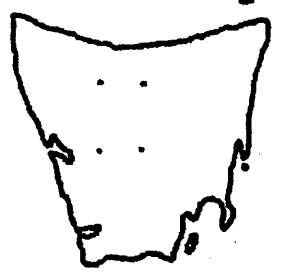
6) A gear membership fee is levied for the use of the gear. This is currently set at \$2 per day for harnesses, and \$5 per day for ropes. This fee is payable in advance when the gear is collected. Costs for any unused items will be refunded when the gear is returned.

7) Where possible, gear should be booked 1 week in advance. This ensures the gear you will want will be available when you want it. Collection of gear is by arrangement with the Safety Gear Officer.

These rules seem fairly straightforward and fair, though possibly rule (7) gets in the way of using the gear for climbing at Kangaroo Point. This is at the discretion of the Safety Gear Officer.

AUSTRALIAN ROGAINE CHAMPIONSHIP. Tassie '96

UQBWC was well represented at this years Rogaine championship held in Tasmania's Mt. Cradle area. Our contingent was made up of local's (UQBWClubbers who are now living in Tassie) such as Janice Porter and partner Andrew March, and Vaughan Andrews; and Brisbane neophytes Eric Young and myself (Peter Allen) who were sought of on holidays still.



UQBWC enthusiasm for and involvement in Rogaines has been rapidly growing; so don't believe or be too disturbed when I say that this Rog in Tassie was the toughest ever. It is an anomaly that men and women of high intellect would choose to push through viscous Bauera scrub, climb cliffy bits in mist, crawl through rotting Fagus forest, lope across Button Grass swamp, ford flooded Creeks; all day and well into the night and engender a spirit that convinces people that they are enjoying themselves.

Never the less Rogaine was memorable and a lot of fun. I didn't win, didn't even come close: but that's not the point. I enjoyed it immensely. Mind you Eric and Vaughan along with a new rogainer Ruth, came second in the Mixed section (10th overall). Which was a tremendous result showing a high level of fitness, skill and enthusiasm. They even decided to sleep for three hours near a control; which is against the rules. Which state that the team should leave the vicinity of the control as soon as possible so as not to attract other teams to the area of the control.

How this came about I will explain: In rogaine you navigate with map/compass to find 'control points' marked on the map with there point value. On the ground the 'control point' is a orange and white three sided flag, normally visible from a 50m circle.

However this rog was in Tassie and ofcourse it was raining somewhat with nearly everything flooded and being a 24 hour championship Eric's team was approaching this control at night or more exactly at 2.0am and naturally it was at elevation (Mt Bobb's) and naturally it was misted over. There skill at navigating had indeed brought them up the right ridge, up the right cliffy bit to where the control should undoubtably be. Indeed they walked to within 10m of it, but there Petzel Lamb only illuminated mist 5m in front. Being of strong mettle they decided to sleep on the spot and wait for daylight to illuminate the control. Offcourse at daybreak it rained through the mist and the intrepid rogger's decided to push on, forgoing the points of the control which would have undoubtably secured them first spot. Such the joy's of rogaining and what the sport is all about. You push your body to the limit, batter your senses; strive for just another control and with time up limp up to the control desk to record your score and within seconds your happily describing the horror's and hardship's with a gleam in your eye and a lilt to your voice and a glow of satisfaction that to normal people is described as mania. Ask Ruth if she enjoyed rogaining, and her enthusiasm for the next event will quickly surface. Everyone wins. Everyone returns to compete against themselves with a new turf to negotiate, more scunge to bash thru, more fences to climb. More horror's and hardship's.

This rogaine was superbly organised and orchestrated. The area was just of the Cradle Road with views of Cradle, Mt. Becroft / Forth Valley from most of the map. Indeed the Penguin to Cradle walk passes through this area. My team Of Janice, Andrew and myself walked 20km of this track and enjoyed the specky views. We had difficulty with the flooded Vale R. But the Falls/ Cataracts we found on the Ck were superb, so our horror account is tempered by superb views and splendid rainforest and a delightful day bushwalking. We didn't obtain a lot of points but we ended up enjoying it and also getting a good nights sleep in our tents after a superb meal at the Hash House, which made us winners as well. We certainly look to the next rogaine with enthusiasm.

Rogaining Tips

Some background...

For those of you who don't know what rogaining is, it's a cross between orienteering and bushwalking. Teams of 2+ people are given a map, and attempt to visit as many places (controls) as possible within a time limit. The controls are assigned a value depending on the physical or navigational difficulty required to reach them, or the whim of the organizers.

The story continues.....

Ever wondered why some teams do exceptionally well every rogaine, while your team occasionally strikes it lucky and return to the Has House ontime?

Being new to rogaining, the recent Hell's Hollow Rogain gave us 8 hours to contemplate this topic. Originally we thought it was all about being extremely fit, planning your course well, and good navigation in the dark. However, by the end of the event, we had formulated 5 strategies to boost our score at the next event.

1. Head straight for the control with the highest points. Sign the control sheet and wait in the bushes. After the next team has arrived and signed, fold the control and hide it under a bush.

Voila - not only do you have the points for that control, but noone else will find it. This strategy also has a bonus as the other team will be disqualified.

2. Swap the punches between controls 120 and 05. This not only frustrates the good teams, but provides a nice surprise for novices.

3. Train your own herd of control-crunching cows. These can be deployed at various intervals along the course. Most rogainers are hesitant to enter fields with cows - extracting a control and punch from the jowels of a slobbering cow adds that extra degree of difficulty.

4. Drag a large metal structure with you (such as the Sydney Harbour Bridge or overhead power lines). This does wonderful things for the other teams' perception of magnetic north.

5. Try doing the rogaine with the aid of an ultralite plane. This can be a bit tricky to hide, but makes climbing those large hills that much easier and faster! Remember to take at least 4 hours to complete the 24 hour course otherwise the organizers may become suspicious.

Failing that - you can always resort to exercising to become extremely fit, planning your course well, and learning to navigate in the dark.

Loretta Davis...

ps... If you want to try Rogaining, our next event is the

**Burrum Beast (River Monster) QUEENSLAND ROGAINE CHAMPIONSHIPS
near Bundaberg Q. 4th 5th May (8/24 hour)**

(Note: UQBWC (Peter Zund) is organising this one, entry forms are available from exec.)

Ppppssss... If you want to see how a Rogaine functions, especially the Hash House... I'm looking for help in the kitchen. If you can play 500 then you are desperately needed to help with the night session; if you can't then you can probably serve meals at Breaky or do some cooking etc. Our Hash House crew at the moment is Brett, David, Phil, Justin, Paul, Jane, Simon, Larissa, Peter, Rossie, Mal (all card players extrodinaire)... and myself... but we still need more helpers, please. Also if you want to enter only the 8 hour event you may still help in the HH after a restful nights sleep.

Remember to enjoy Rogaining all you have to do is enter and keep breathing.

TRIP LIST: MARCH - MAY 1996

If you need more information, wish to recruit people for your trip, want to suggest trips in the outings diary, phone Ashlea (Outings Officer) 371 0196 or 365 6796 or email: ashlea@psych.uq.oz.au. An updated list of members phone numbers is located on the last page of the newsletter. Please do not call after 9pm!!!!!! or before 8 am!!!!!!

March 23: Mangrove Stories - Music, Dance and Stories at 7:30pm at the River Stage, City Botanical Gardens. Phone Brisbane City Council Information Line on 3402 5013 for further information.

March 23-24: Girraween National Park - A "hardish" weekend walk through scenic granite country in the Stanthorpe area. Contact Geoff Seawright ph 870 1400

March 24: Northbrook Gorge - An easy and scenic daywalk in Brisbane Forest Park. Take your togs. Contact Loretta Davis ph 3371 1886(h)3364 9999(w)

March 30: Mt Lindsay - A hard daywalk up an impressive peak. Rope skills (ie abseiling) and scrambling skills are necessary. Contact Glenn Sharrock ph33711886(h)

March 30-31: Lamington - A moderate overnight walk from O'Reilly's, camping at Mt Woorondah and finishing at Lost World. Contact Peter Forder ph 3379 5682

April 03: Meeting - In the Club and Socs room. Starts at 7.00pm. Enjoy slides, tea & bikies while past and future walks are discussed. Contact Brett Watson ph 300 1270 (h) 365 3985(w)

April 13: Navigation Training Day - Learn to navigate - use a compass and a map, at Mt Barney. Contact Glenn Sharrock ph 33711886(h)

April 14: Mt Ernest - A moderate-hard daywalk with good views of Mt Barney/Mt Ballow. Contact Peter Forder ph 3379 5682

April 14: Lamington Photo Day - An easy daywalk with plenty of time to take photos and enjoy the rainforest. Contact Philip Norman ph 300 2005(h) 371 6677(w)

April 20-21: Rat-a-tat Hut - A hard through walk. Walk from O'Reilly's to Echo Pt on Friday Night. On Saturday, continue down past Rat-a-tat hut on the South Branch of the Albert River. Cross over to the north Branch of the Albert at Red Rock Cutting and visit Black Canyon before scrambling up Silver Falls to the graded track. Very good scenery. Some ropework is needed on the minor falls. Contact Peter Allen ph 870 2820(h) 365 4138(w)

April 25-29: Ballow Range Circuit - A moderate-hard four day circuit with spectacular rainforest and good views! Contact Peter Forder ph 3379 5682

May 01: Meeting - In the Clubs and Socs room at 7.00pm. A new trip list will be prepared so come along with lots of suggestions. Contact Brett Watson ph 300 1270 (h) 365 3985(w)

May 4-6: Burrum Beast Rogaine - In the Maryborough/Bundaberg area. Our club is organising the event this year so show your support and enter!! Rogaining is a navigational exercise with the aim is to locate controls given on a map. It involves teams plotting a course to gain the highest points. There is an 8 hour (great for novices) and a 24hr event. Contact Bob Hoey for more details ph 818 3171(h) 227 7796(w) See the navigational training day in April.

May 18-19: Lizard Point gourmet dinner/walk - Enjoy a moderate to hard walk to scenic Lizard Point and end it with a gourmet meal on Saturday night. Bring good food, wine and camera. Contact Peter Allen ph 870 2820(h) 365 4138(w)

May 25-26: Mezzanine Ridge-Egan Creek (Mt Barney) - Stay at Yellow Pinch on Saturday night ready for an early start (6.00am!). A long hard day walk, but the views will be worth it. Contact Peter Allen ph 870 2820(h) 365 4138(w)

Membership list (171 members) as of: 14/3/96. Contact Brett Watson with changes.

Name	H Phone	W Phone	Name	H Phone	W Phone
ADAMS Julie	3351-2291		KIRKWOOD Laurie	3871-1424	
ALLEN Peter	3870-2820	3365-4138	KOWES Caroline	3217-8037	
ANDREWS Vaughan	(002)238401	(002)239362	KRUEGER Vanessa	3371-6427	3365-4541
ANZA Loretta			LANGE S.	3217-8090	
BAHNISCH Michael	3201-1207		LARKINS Meadow	3371-6138	
BALENGER Carly	3889-0540		LEE Kelvin	3377-1807	
BARTZIS Nick	3371-4004		LEIGH Justin		
BAYER Jessica	3371-6138		LUI Waikam		
BEEMAN D.	3844-4719		LYONS Michelle	3273-1647	
BEST Sarah			MAENHAUT Barbara	3871-1570	
BEST Toni	3359-0494		MAN Yun Tai		
BOORMAN Rob			MARCH Andrew		
BORMEISTER Michael	3857-5268		MATSON Tammie		
BRYANT Rachael			MAXWELL Paul	3343-1696	
BULL Cathy	3202-6198		MCCASKER Sarah	3871-8602	
BULL Sarah	3871-8544		MCGRATH Chris	3371-0920	
BUNCE David	3368-3996		MCLEISH Steve	3870-1243	
BURROWS Susan	3355-0606		MCNEILL Kevin	3359-0458	3365-2242
CALCHPOLE M.	3883-1335		MERRILL C.	3371-0969	
CAMILLERI Rachel			MILLER Liza	3870-4470	
CARTER Nina	3285-2694		MORALES Marco	3871-2220	
CHADWICK Ben	32028086		MORIN Shea		
CHANDLER Ruth-Anne	3282-6779		MOSS Helen	3351-5383	
CHANG Lambert	3869-0246	3309-1179	NORMAN Phillip	3300-2005	3371-6677
CHEW Gowin	3217-7819		O'HAGAN Sara	3871-9283	
CLANCY Jacinta	3878-5991		O'SULLIVAN Jane	3878-9076	3365-4811
COLLIS Glen	3262-6034		OSMOND D.	3870-8602	
COLTHORPE Louise	3286-4288	3365-1405	PHILLIPS Amy	3371-6665	
COOK Wendy	3878-9612		POLLITT Reg	3225-1698	3844-3411
COSTANZO Angelo	3379-2203		PORTER Janice	018132830	
CUST Anne	3870-7592		POWER Jane	3267-5579	3267-8100
DAUNCEY Kristian	3282-6779		QUERENGASSER Klaus	3399-4083	
DAVIDSON Jane	3379-2249		RASMUSSEN Anne	3265-5682	
DAVIS Loretta	3371-1886	3364-9999	RENAULT Fabien	3870-0137	
DEWIT David	3846-2740	3365-2308	REVELL Wayne	3371-9219	
DICKER Christine	3289-1105		ROBERTS Don	3351-6563	
DOBBYN Esther	3371-9437		RODGER Louise		
DONALD S.	3878-2901		SANIDAD Wilfredo	3371-1587	
DOUGLAS Carey			SCHERRET Jacqui	3217-8467	3365-3402
EAGLES Debbie	3289-1429		SCOTT Norna	3398-5560	
EKINS Merrick	3371-1043	3365-2854	SCOTT Pippa	3398-5560	
ELLIOTT Rosalyn	3371-6776		SEAWRIGHT Geoff	3367-0708	019471346
ELMES Michele	(002)238401		SEFTON Victoria	5573-0087	
ESTERHUYSEN Charlene	3878-1027		SELINGER Brad	3379-8638	3277-7777
EUSTACE Colin	3390-1657		SEREDYC Simon	3369-6175	
FARMER Ron		3365-2984	SHALE Lynda	3390-4077	
FERGUSON Megan	3844-6258		SHARROCK Glenn	3278-1882	3365-3687
FERNANDO Gyneth	3871-9455		SHAW Jennifer	3359-5401	
FETTERCLF Shelley	3846-3963		SHRIMPTON David	3372-4273	3365-1539
FETZNER Carrie	3871-9295		SMITH Anthony	3286-4288	
FIDDER Ashley	3371-1337		SMITH Mark	3273-8419	
FIELD Rosie	3278-1735	3364-5666	SMITH Selwyn	3870-1636	
FITZSIMMONS Larissa	3371-8632		SNARS K.		
FONG Celesta	3371-2015	3365-4344	STAKE Cindy		
FORDER Peter	3379-5682		STEPHENS Anne		
GAGEN Michael	3371-1648	3365-3408	STROTTMAN Lisa	3871-0898	
GARVIS David	3377-1340		SUHOSKEY Heather		
GEISSLER Jodie	3878-6258		SURAWSKI Megan	3371-3688	
GERAGHTY Rob	3878-5678	015695235	TAYLOR Bruce	3345-6098	
GJOEN Johnny	3217-8336		THOMPSON Shayla	3371-1337	
GORDON Scott	3870-0137		THOMSON David	3262-6840	
GUARD Paul	3377-1401		TIBBETT Mathew	3376-1799	
HALL Alison	3285-1385		TOOHEY Selina	3217-8303	
HALL John			TOWN Liam	3378-5065	
HANSEN Kim	3870-1084		TRACEY Ruth	3395-2559	
HART Andrew	3876-7159		TROTH Ashlea	3371-0196	3365-6796
HARTMANN Maureen			VOVENKO Alexei	3391-5151	3858-2238
HASKINS Malcolm	3379-5682		WADDELL Kyeema	3371-7194	
HENDERSON Brett	3371-9470	3870-2502	WALKER Jody	3878-1226	
HENDERSON Kate	3369-1798	3878-5384	WALLIS Nicky	3277-6612	
HIDDINS Lesley	3849-1719		WALTERS Ian		
HILFORD Carl	3878-9612		WATSON Brett	3300-1270	3365-3985
HOEY Bob	3818-3171	3227-7796	WATTS Rachael		
HOGARTH Stephanie	3871-9283		WILKES Megan	3207-2095	
HOOLIHAN Desley	3350-3472		WILLIAMS Kate		
HOUSTON Louise	3353-0842	018300490	WILLMOTT Tom	3379-6485	
HOYLE Simon	3371-8632	3817-9593	WILT Erin	3377-1597	
HUGHES Hayley	3371-1337		WOLFFRAM Heather	3878-5162	
JONES Cathie	3207-7796	3365-4600	WOODARD Becky	3871-8600	
JONES Laveena	3397-9814	015729220	YOUNG Michael	3865-1951	3365-4603
JONES Tim	3831-7537	3365-1631	ZUND Peter	(071)521237	(071)537834
KELENI Roy	3857-8992		V.MUNCH Elisabeth	3870-4095	3365-4729
KEMP Lisa	3345-7083				